



January 13, 2022

GLEN HILLS



*We are a community in which everyone takes responsibility for challenging themselves to learn and grow.
We are a community that respects ourselves, others, and our school community through our words and works.
We are a community that welcomes, includes, affirms, and celebrates individual differences.
We are a community that builds trusting relationships through honest and positive interactions.*

SPOTLIGHT ON LEARNING- LIBRARY

By: Brian Domnski, Library Teacher



DIGITAL FOOTPRINT & IDENTITY

*We define
who we are.*

Our scholars are working through lesson topics in our digital citizenship/media literacy curriculum as part of our library program for all grade levels. We will have lessons on topics pertaining to staying safe and developing good habits online.

The theme across lessons for ALL grade levels at Glen Hills is "Digital Footprints: We define who we are." Scholars defined "digital footprint" and had discussions around how digital footprints can affect our reputation and can control the image we project online. We examined example scenarios where a teen loses out on a job opportunity based on he posting history on social media,

In 7th and 8th grade, we explored a slideshow developed by library and Social Studies staff at Nicolet. This lesson provided numerous tips for online research using databases and search engines, and is shared with the 7th and 8th grade students via Google Classroom.

Here are some tips to help facilitate and continue discussions about our recent topics that you can share at home: [Click Here for Common Sense Media Resources](#)

SPOTLIGHT ON LEARNING- SOCIAL EMOTIONAL LEARNING (SEL)

By: Mia Tatum-Crider, School Counselor

Relationship Skills: How can we apply verbal and non-verbal communication and listening skills to interact with others, form and maintain positive relationships, and resolve conflict constructively?

Questions for Discussion At Home:

- How can your body language show that you are listening?
- What are some things you can say after someone has spoken to show that you heard them?
- What can you say and do when having a disagreement with someone to show empathy and respect?
- Who would you talk to at home if...(you needed help, you made a bad choice, you have good news to share, etc.)? Who would you talk to at school...?
- Who is someone at home (and school) you want to be closer to? What can you do to make that happen?
- Who is an adult that you talked to at school today? Who will you talk to tomorrow?

Goal Setting: Do you understand what the SMART acronym stands for and how this strategy can be used to make goals attainable?

Questions for Discussion At Home:

- 2022 Goals! "2 for 2022" Can you name 2 goals you want to achieve in 2022?
 - What action steps will you take to get there?



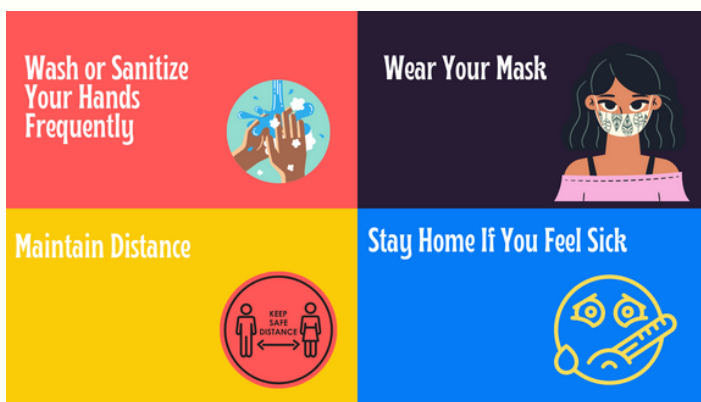


FAMILIES WE NEED YOUR INPUT ON STUDENT PROGRAMING

As Glen Hills begins to plan its programing and scheduling for the 2022-23 school year, we are seeking input from our families, scholars, and school staff. Each member of our school community has valuable insights in the ways in which course offerings can support scholar engagement, interests, and ignite a spark for future success. We are asking families to please complete the following survey so that we can hear the parent/guardian perspective.

[CLICK HERE TO COMPLETE
THE FAMILY PRIORITIES FOR STUDENT PROGRAMING SURVEY](#)

Reminders for Staying Healthy At School



WE WANT TO HEAR FROM YOU!

The Glendale-River Hills School District is working to continuously improve our communication and engagement with our parents, families, staff, students, and community. ***As part of this effort, we would like to get your thoughts and feedback through a community-wide survey.***

Your input will help us determine what is going well and where we can make improvements when it comes to our communication and community engagement efforts.

**The survey is
completely anonymous
and will be
open through**

JAN
23

The survey takes about 8-10 minutes to complete.

**THANK YOU
IN ADVANCE FOR
YOUR PARTICIPATION!**

You can take the survey online at
www.GDRHSurvey.org



Glen Hills Middle School

2600 W. Mill Rd. Glendale, WI 53209
Principal, Anna M. Young
Associate Principal, Willie L. Williams

January 13, 2022

Dear Glen Hills Families,

Your scholars in Grades 4-8 will be taking the STAR assessment in Reading and Mathematics during the week of January 18th-January 21st. This test will take place in your child's English Language Arts and Mathematics classrooms. In order to prepare for the test teachers will be covering the information outlined below about the test, to build purpose, and support a growth mindset for scholars. We are sharing this information with you so you can also carry forward those conversations at home with your scholar. If you have questions about STAR testing feel free to reach out to your scholar's teacher or to school administration.

In partnership with you,

Anna M. Young, Principal
Willie L. Williams, Associate

Teachers will discuss the following with scholars ahead of the test.

- ❖ Why does our school use the STAR test? Many people who care about Glen Hills scholars use this information.
 - Teachers use STAR scores to see if a scholar might need more support, and to compare the STAR score with what they are seeing from scholars in class.
 - Parents use STAR scores to see if their child is growing in math and reading, and to advocate for their child's needs.
 - Principals use STAR scores to see how reading and math initiatives in the district are impacting learning.
 - The superintendent and school board use STAR scores to determine how to best budget needs in the district, such as types of curriculums, additional staffing, school schedules, and more.
- ❖ How can scholars use their STAR scores?
 - A STAR score can help scholars to know if they are growing in their reading and math skills.
 - A STAR score does not change a scholar's ELA or math grade.
 - A STAR score does not affect whether scholars move to the next grade in the fall.
- ❖ Why should scholars set a goal for the STAR test?
 - Goals give you focus.
 - Goals help you measure progress.
 - Goals help you stay motivated.
 - Goals help increase achievement.

After the test, scholars need to reflect on their progress in order to take ownership of their learning. They will meet with their English Language Arts and Math teachers for quick, individual conferences.

- ❖ If a scholar's score did improve, what do they think caused the improvement, and how can they keep up the momentum?
- ❖ If a scholar's score did not improve, what changes can they make to grow their learning by spring?
 - First they can think about what was difficult about the tests and what was easy.
 - They can then think about what actions they can take to improve
 - Focus in class
 - Ask for help - from the teacher, from friends, from your parents
 - Make use of ALEKS
 - Etc.
 - Remind scholars that the work they do now helps improve their learning for the future!



Breakfast Program

The district has received guidance from the Department of Public Instruction and WI Child Nutrition Program that breakfast will no longer be a free option for all students in the 2022-23 school year. In an effort to inform our planning we are asking families to provide us the information below.

Please Click [HERE](#) to
Take the Survey



December 23, 2021

Addition of January 28th and February 18th Asynchronous Days:

When the 2021-22 calendar was approved last spring our covid burden rates were low and vaccinations were rolling out. We all anticipated a much more “normal” school year and the calendar was set up that way. As we all know we are now in a space where in many ways the covid situation is much more challenging than it was last year and we are clearly not back to “normal”. Because of this it is imperative that staff have this additional time to collaborate and plan during a school year that has continued to challenge them to teach and support students in ways they have never been called on to do before. In order to ensure that your students are supported we have to continue to support our teachers. The two asynchronous days are a very small way to provide them some of this time.

Last year from March until June the district participated in asynchronous days on Fridays. Asynchronous learning is a general term used to describe forms of education, instruction, and learning that do not occur in the same place or at the same time. This includes various forms of online learning in which students learn from instruction—such as prerecorded video lessons or game-based learning tasks that they complete on their own and that are not being delivered in person or in real time. On asynchronous days students are expected to participate in asynchronous learning assignments and activities through the Google Classroom Learning Platform. Asynchronous work will be a continuation of independent work tied to current learning with the pace of the curriculum being delivered. It will often focus on reinforcement of concepts and skills. Teachers will provide information specific to their curriculum, place in instruction and the age of their students.

Please know that all decisions made are intended to ensure that we are doing what is best for your children. On behalf of the staff in the Glendale River Hills School District I thank you for your continued support.

Mrs. Weiss

2021-22 CALENDAR

September 1	First Day of School
September 6-7	No School
September 16	No School
October 27-28	Conferences 4pm-8pm
October 29	No School - Conferences 8am-12pm
November 1	No School - PD for Staff
November 23	End of Trimester
November 24-26	No School - Thanksgiving
December 23 - January 2	No School - Winter Break
January 17	No School
January 28	No School - Asynchronous Day
February 18	No School - Asynchronous Day
February 21	No School - PD for Staff
March 4	End of Trimester
March 10	Conferences - Early Release K5-8 No School for K4 Parkway dismissal at 11:45pm Glen Hills dismissal at 12:30pm
March 11	No School - Conferences 8am-12pm
March 21 - 25	No School - Spring Break
April 15-18	No School - Late Spring Break
May 30	No School - Memorial Day
June 9	8th Grade Promotion
June 10	Last Day of School for Students End of Trimester

KEY

 = No School for Teachers & Students

PD = Teacher Professional Development Day
No School for Students

C = Conferences

H = Holiday

NT = New Teacher Workday

ER = Early Release
11:45pm Parkway • 12:30am Glen Hills

▲ = Teacher Extended Hours

4:15-5:15 pm - Parkway & Glen Hills

START = First Day of School **END** = Last Day of School

❖ = End of a Trimester - Parkway & Glen Hills

Student Days = 176.5 Teacher Days = 191.5

Approved at the 1/20/21 Board Meeting - Amended 12/15/2021

August 2021 S=0 T=5.5 NT=2				
M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17 NT	18 NT	19	20
23	24 PD	25 PD	26 PD	27 PD/ER
30 PD	31 PD			

October 2021 S=20 T=21.5				
M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27 C	28 C	29 C

December 2021 S=16 T=16				
M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

February 2022 S=19 T=20				
M	T	W	T	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21 PD	22	23	24	25
28				

April 2022 S=19 T=20				
M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18 PD	19	20	21	22
25	26	27	28	29

June 2022 S=7.5 T=8				
M	T	W	T	F
		1	2	3
6	7	8	9	10 END❖ER
13	14	15	16	17
20	21	22	23	24
27	28	29	30	

September 2021 S=19 T=20				
M	T	W	T	F
		1 START	2	3
6 H	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29 ▲	30	

November 2021 S=18 T=20				
M	T	W	T	F
1 PD	2	3	4	5
8	9	10 ▲	11	12
15	16	17	18	19
22	23 ❖	24	25 H	26
29	30			

January 2022 S=20 T=20				
M	T	W	T	F
3	4	5	6	7
10	11	12 ▲	13	14
17	18	19	20	21
24	25	26	27	28
31				

March 2022 S=17 T=18.5				
M	T	W	T	F
	1	2 ▲	3	4 ❖
7	8	9	10 C/ER	11 C
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

May 2022 S=21 T=22				
M	T	W	T	F
2	3	4	5	6
9	10	11 ▲	12	13
16	17	18	19	20
23	24	25	26	27
30 H	31			

July 2022				
M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29



Due to the recent increase in Covid cases, the administration, in agreement with the Glendale-River Hills School Board, has canceled all extra-curricular activities and interscholastic sports until January 18, 2022.

This means that the YAC for 6, 7, and 8th grades students on Friday, January 14 will be canceled.

GDRH Grab & Go Breakfast

January 2022

3

Nutri Grain Bar
Graham Crackers

Craisins

Milk
100% Fruit Juice

4

Cereal Bar
Applesauce
Goldfish Crackers

Milk
100% Fruit Juice

5

Cereal
Raisins
Goldfish Crackers

Milk
100% Fruit Juice

6

Cereal Bar
Craisins
Scooby Doo Crackers

Milk
100% Fruit Juice

7

Granola Bar
Applesauce
Graham Crackers

Milk
100% Fruit Juice

10

Nutri Grain Bar
Craisins
Graham Crackers

Milk
100% Fruit Juice

11

Cereal Bar
Raisins
Goldfish Crackers

Milk
100% Fruit Juice

12

Cereal
Craisins
Goldfish Crackers

Milk
100% Fruit Juice

13

Muffin
Raisins
Scooby Doo Crackers

Milk
100% Fruit Juice

14

Cereal
Applesauce
Graham Crackers

Milk
100% Fruit Juice

17

**NO
SCHOOL**

18

Cereal
Craisins
Goldfish Crackers

Milk
100% Fruit Juice

19

Cereal Bar
Raisins
Goldfish Crackers

Milk
100% Fruit Juice

20

Cereal
Fresh Apple
Scooby Doo Crackers

Milk
100% Fruit Juice

21

Granola Bar
Applesauce
Graham Crackers

Milk
100% Fruit Juice

24

Nutri Grain Bar
Craisins
Graham Crackers

Milk
100% Fruit Juice

25

Cereal Bar
Fresh Orange
Goldfish Crackers

Milk
100% Fruit Juice

26

Cereal
Craisins
Goldfish Crackers

Milk
100% Fruit Juice

27

Granola Bar
Applesauce
Scooby Doo Crackers

Milk
100% Fruit Juice

28

Muffin
Raisins
Graham Crackers

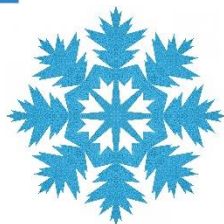
Milk
100% Fruit Juice

31

Double Chocolate Oat
Bar
Graham Crackers

Applesauce

Milk
100% Fruit Juice



Please note: The USDA approved the waiver extension allowing all children 18 and under to eat a complete lunch at no cost, regardless of eligibility status, through June 2022.

**If you have any questions, please contact
Aramark at (414) 351-7160 x 2145 or
Maritato-meagan@aramark.com**

Menu is subject to change.

3

Chicken Tenders w/ Whole Grain Cookies
Hamburger Muffin, Cheese, & Yogurt Pack
Mashed Potatoes
100% Fruit Juice
Sliced Carrots
Pears

4

Soft Beef Tacos
Cheesy Pull Aparts w/ Salsa
Turkey & Cheese Sub

Broccoli
Peas
Peaches
Apple Slices

5

Chicken Drumstick
BBQ Pork Rib Sub
Sun Butter & Jelly Sandwich
Baked Beans
Corn
Strawberries
Applesauce

6

Pancakes w/ Egg Omelet
Turkey & Cheese Melt
Ham & Cheese Sub

Orange Juice
Sliced Carrots
Green Beans
Pears

7

Cheeseburger
Fish Sticks w/ Tartar Sauce
& Whole Grain Crackers
Pretzels, Cheese, & Yogurt Pack
100% Fruit Juice
Peaches
Green Peas
Sliced Carrots

10

Mini Corn Dogs
Grilled Cheese
Muffin, Cheese, & Yogurt Pack

Corn
Sliced Carrots
Peaches
100% Fruit Juice

11

Chicken Fajita
Cheeseburger
Sun Butter & Jelly Sandwich

Broccoli
Garbanzo Beans
Pears
Berry Cup

12

Spicy Chicken Patty
Hamburger
Turkey & Cheese Sandwich

Red Pepper Strips
Green Beans
Peaches
Apple Slices

13

French Toast Sticks w/ Syrup & Egg Omelet
Chicken Patty
Peach Yogurt Parfait w/ Granola & Graham Crackers
Fresh Cucumbers
Sliced Carrots
Applesauce, Fresh Banana

14

Rotini w/ Meat Sauce & Dinner Roll
Hot Dog
Muffin, Cheese, & Yogurt Pack

100% Fruit Juice
Pears
Fries

17

Pizza Sticks w/ Marinara
BBQ Chicken Sandwich
Muffin, Cheese, & Yogurt Pack

100% Fruit Juice
Peaches
Corn
Garbanzo Beans

18

Soft Beef Tacos
Cheesy Pull Aparts w/ Salsa
Sun Butter & Jelly Sandwich
Sliced Tomatoes
Kickin' Pinto Beans
Pears
Berry Cup

19

Fish Sticks w/ Tartar Sauce
& Whole Grain Crackers
Hamburger
Chicken Ranch Wrap

Green Peas
Romaine Salad w/ Ranch
Peaches
Fresh Orange

20

Pancakes w/ Sausage Patties
Turkey & Cheese Melt
Taco Salad w/ Dinner Roll
Orange Juice
Tater Tots
Broccoli
Berry Cup

21

Cheese Pizza
Cheeseburger
Muffin, Cheese, & Yogurt Pack
Pears
100% Fruit Juice
Sliced Carrots
Baked Beans

24

Chicken Nuggets w/ Dinner Roll
Hamburger
Muffin, Cheese, & Yogurt Pack
Mashed Potatoes
Baby Carrots
100% Fruit Juice
Pears

25

Beef Nachos
Turkey Hot Dog
Peach Yogurt Parfait w/ Granola & Graham Crackers
Broccoli
Corn
Peaches
Berry Cup

26

BBQ Pork Rib Sub
Popcorn Chicken w/ Dinner Roll
Turkey & Cheese Sub

Baked Beans
Celery Sticks
Strawberries
Applesauce

27

Waffles w/ Sausage Patties
Mini Corn Dogs
Popcorn Chicken Salad w/ Dinner Roll
Orange Juice
Smile Potatoes
Green Beans
Pears

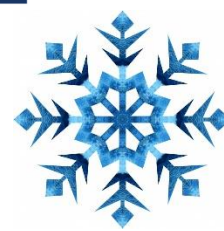
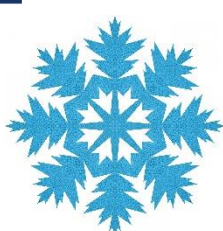
28

FROZEN FRIDAY!
Fish Patty Melt
Grilled Chicken Sandwich
Pretzel, Cheese, & Yogurt Pack
100% Fruit Juice Slushie
Peaches
Sliced Carrots
Fries

31

Pizza Sticks w/ Marinara
Meatball Sub
Muffin, Cheese, & Yogurt Pack

Celery Sticks
Sliced Carrots
100% Fruit Juice
Peaches

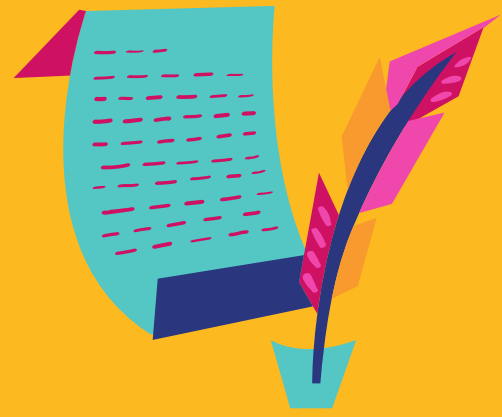


Please note: The USDA approved the waiver extension allowing ALL children under 18 to eat a complete lunch at no cost, regardless of eligibility status, through June 2022.

Looking for a part-time position? Work for Aramark! No nights, weekends, or holidays!
Contact Aramark at 414.351.7160 x 2145 or maritato-meagan@aramark.com
Menu is based on product availability and is subject to change.



**PRACTICES ARE
FROM 4:00-5:00
ON MONDAYS
AND
WEDNESDAYS
IN THE LIBRARY**



JOIN
Forensics
NEXT MEETING JANUARY 19TH

**The forensics season
runs through March
13th.**

No experience
needed!



Do you enjoy performing in
plays, telling stories or making
speeches? If so, Forensics may
be the activity for you!



**fun &
creative**

**Demonstration ,
Infomercial,
Moments in History,
Poetry,
Prose,
Storytelling,
and many more
categories**

**For More Information -
<https://sites.google.com/nicolet.us/glenhillsforensics/home>**



MLK

January 17, 2022

DAY

Everybody can be great,
because everybody can serve...
You only need a heart full of grace.
A soul generated by love.

- Dr. Martin Luther King, Jr.

Celebrate MLK National Day of Service with **KIDS IMPACT COMMUNITY**

January 17: MLK DAY

MLK Virtual National Day of Service 9:30-10:30 a.m.

A virtual all-ages celebration of MLK Day, including an engaging story time with a special guest speaker, music and movement breaks, and an on-the-spot service project.

Pack a Fostering Hope Duffel Bag for Kids in Foster Care 4-5 p.m.

A kid-led celebration of MLK Day through a virtual event and corresponding service project for ages K5-Tween to benefit Kids Matter, Inc.

Throughout January

Social Justice Story Time: Racial Justice & Taking Action January 19, 4:15-5:15 p.m.

Through stories Rona Wolfe, a kindergarten teacher, will lead kid-friendly discussions about race and racial justice and address how kids can take big actions in small ways.

Teens Teach Art January 27, 6:30-7:30 p.m.

A teen artist from Allies for Teens in Foster Care will teach an art class reflecting on courage and bravery to a small group of kids in-person at Cloud9 Workshop.

Lunch Pack and Love January 30 in-person or drop-off

Engage your children as change-making citizens by packing lunches for Milwaukee residents struggling with food insecurity.



REGISTER: www.kicmke.org/mlk

View more local MLK Day events:

www.mlksmke.com





WHAT DOES THE FOUNDATION DO?

Join our monthly meeting by zoom on Tuesday, January 11, at 7:00 pm, to learn more about what we're working on and how you can help as a volunteer and lead as a trustee.

<https://us02web.zoom.us/j/82818500506?pwd=dExqUGtBM3pJSHc5V2M4Q1lkaEdjUT09>
Meeting ID: 828 1850 0506
Passcode: 401792

Bonus: A district consultant will be joining us to share information about the district's strategic planning process.

Got questions? Call or email Carla Pennington-Cross, Foundation president, at 414-379-5807 or cpenningtoncross@gmail.com

The mission of the Glendale-River Hills School District Foundation is to raise funds and other resources to support the School District through programs and projects that enrich diverse educational experiences and opportunities for students.

Live together. Give together.



GLENDALE-RIVER HILLS SCHOOL
DISTRICT EMERGENCY FUND

EMERGENCY RELIEF FUND

Are you facing financial hardship? Are you and your family going through a difficult time financially due to Covid-19 or any other reason?

FUND LAUNCHES FRIDAY DECEMBER 17TH, 2021 | FOR CONSIDERATION PLEASE CLICK [HERE](#) TO FILL OUT THE GOOGLE FORM





Dear Parents and Guardians of Glen Hills Students,

For the past couple weeks in the library, we worked through another lesson topic in our digital citizenship/media literacy curriculum. As part of our library program for all grade levels, we will have lessons on topics pertaining to staying safe and developing good habits online.

This past week, the theme across lessons for ALL grade levels at Glen Hills was "Digital Footprints: We define who we are". In all grade levels, we defined "digital footprint" and had discussions around how our digital footprints can affect our reputations and how to control what kind of image we project online. We took a look at an example scenario where a teen loses out on a job opportunity based around her posting history on social media.

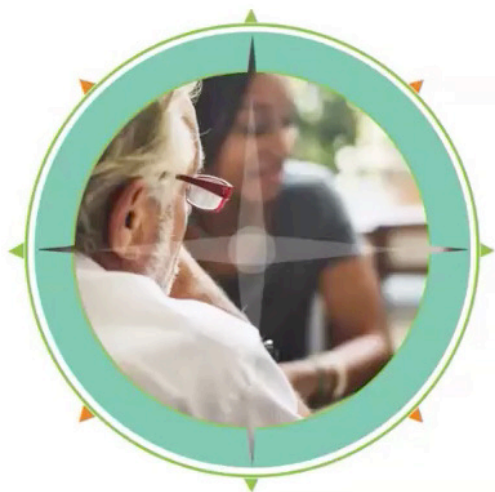
In 7th and 8th grade, before Thanksgiving, we explored a slideshow developed by library and Social Studies staff at Nicolet. This lesson provided numerous tips for online research using databases and search engines, and is shared with the 7th and 8th grade students via Google Classroom.

Digital Media Literacy lessons will continue after Winter break. Here are some tips to help facilitate and continue discussions about our recent topics that you can share at home:

<https://www.commonsense.org/education/family-tips/6-12-digital-footprint-and-identity>

Thank you for your support!

-Brian Donski



Advancing Adult Compassion Resilience

Emily Jonesberg, MSW, LCSW (she/her/hers)
emily.jonesberg@rogersbh.org

Developed in partnership with:



Toolkit url: Compassionresiliencetoolkit.org
For ongoing support: WISE@wisewisconsin.org

Compassion Resilience Interest Survey

Go to <https://www.glendale.k12.wi.us>
The news story on the home page has a link to
the recorded meeting and a survey.

**AURORA HEALTH + GLENDALE-RIVER
HILLS SCHOOL DISTRICT PARTNERSHIP**

**STUDENT AND FAMILY
ASSISTANCE PROGRAM
(SFAP)**

**CALL 800-236-3231 OR
VISIT AAH.ORG/EAP**

Aurora counselors can assist with:

- *worry/anxiety and depression*
- *parenting support and coaching*
- *family and other relationship issues*
- *alcohol and drug use/abuse*
- *financial and legal concerns*
- *other family issues*

**IF YOU HAVE ANY QUESTIONS ABOUT THIS PARTNERSHIP
REACH OUT TO DENISE DAVIS, SCHOOL SOCIAL WORKER**

**DENISE.DAVIS@GLENDALE.K12.WI.US
(414) 380-9251**





Helping you
nurture a
**healthy
family.**

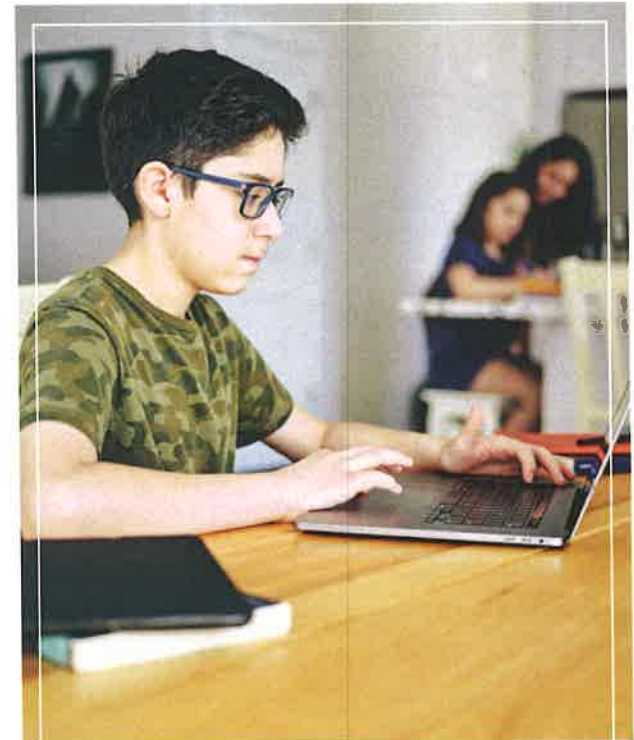
800-236-3231
aah.org/eap

Brought to you through a
partnership between your school
and Advocate Aurora Health.

Legally, services must be scheduled
by an adult member of the family.
Any child served through the program must
be seen with a parent or legal guardian.



KV1252 (10/20)



Student and Family Assistance Program (SFAP)

A free and
confidential resource



We can make a difference for students and families.



A healthy home and family life can nurture academic excellence.

To promote healthy homes, minds and families, your school is proud to offer the Student and Family Assistance Program (SFAP). Sponsored by the Employee Assistance Program (EAP) of Advocate Aurora Health (AAH), our counselors have been serving families for more than 25 years.



How it works

The SFAP is available at **no charge** to all students and family members residing within the household. Help begins when a family member or legally responsible adult calls the program.

Based on your needs, our specialists will:

- Connect you by phone with a professional counselor who will consult with you.
- Schedule a confidential appointment with a program counselor for you or your family. Many times, a family's concerns can be resolved within program sessions, saving time and money.
- Assist with an insurance- or community-based referral if your situation requires diagnostic or ongoing treatment.

All services are **confidential**. No information about you or your family situation will be shared with school personnel without your permission in accordance with state and federal law.

When to use the program

This varies from person to person. Generally, it's wise to seek help when a problem:

- Interferes with normal activities
- Occupies too much of your time
- Persists for more than several weeks

Typical concerns may include:

- Parenting support and coaching
- Academic pressures
- Alcohol/drug issues
- Anxiety and depression
- Child/family issues
- Divorce/blended families
- Marital/relationship issues
- Stress management



Additional services

Seeking a healthy balance

The following services are available to help families quickly and conveniently address other issues that may impact their lives:

- Legal consultation and mediation
- Financial consultation
- Child care resources
- Elder care resources
- Adoption information



Our promise to you and your family

Your privacy is protected in accordance with both federal and state laws regarding mental health and medical treatment records. The professionals within the SFAP make every effort to protect your privacy and ensure that your participation in the program is completely confidential.

How to reach us

Call **800-236-3231** and identify yourself as eligible for SFAP services through your school.

To learn more about these services or to schedule an appointment, please call **800-236-3231**.

Join the fun in 2022!



Glendale Little League



Boys & Girls of All Skill Levels, Ages 4 – 14

Tee Ball / Machine Pitch / Baseball



Registration Begins Dec. 5, 2021

www.GlendaleLittleLeague.com



Glen Hills Ukulele Club



Glen Hills Ukulele Club is for students of all ability levels. We provide instruction opportunities for beginners and performance opportunities for advanced students. We will meet Thursdays before school in the orchestra room from 7:40-8:15, from December 1st until April 28th.

- Drop off students at gym doors after 7:30 a.m.
- Open to grades 4-8
- Ukelele Club starts December 9th and meets Thursdays from 7:30-8:15 a.m.
- *Please follow Covid restrictions - masks covering mouth and nose, seated three feet apart, use your own music stand and instrument, do not attend if not feeling well. No snacks during ukulele time!*
- Bring your own ukulele or borrow a school instrument (school ukes stay at school).
- “Coffee Shop” performance after school date TBD

Please return the lower portion of this document to Ms. Woodward.

Ms. Woodward, Orchestra Director - Glen Hills Middle School

Glen Hills Ukulele Club

I would like to be a part of the Glen Hills Ukulele Club, from December 2nd until April 28th. This meets in the orchestra room on Thursdays from 7:30-8:15 a.m. I will follow covid protocols while participating in this group.

Ukulele member (print)

parent/guardian (print)

parent email

parent phone number



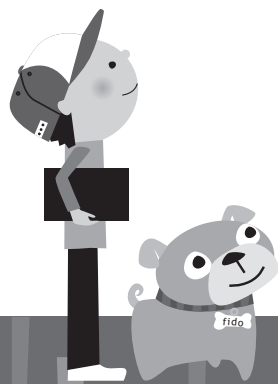
Xavier Summer Reading Enrichment PROGRAM



College of Professional Sciences



Phonics
Fluency
Comprehension
Love of Reading
Vocabulary
Textbook Skills
Reading Speed
Writing Skills



Program for 4-Year-Olds and Entering Kindergartners

In this fun summer program, your child will learn to read. Children learn letter recognition, beginning phonics, and easy sight words. Your child will learn to read simple words and short sentences and will get excited about books and reading.

Program for Entering 1st Graders

In this fun summer program, your child will learn to read independently. Children learn phonics and sight words and build comprehension skills. Your child will develop a love of books and reading and get off to a great start in first grade.

Program for Entering 2nd Graders

In this fun summer program, your child will become a confident fluent reader. Children build solid phonics and word-attack skills and develop reading fluency and strong comprehension. Your child will develop a love of books and reading and get off to a great start in second grade.

Program for Entering 3rd Graders

In this fun summer program, your child will become a strong, enthusiastic reader. Children improve reading fluency and develop excellent comprehension. They build long-word decoding skills and expand their vocabulary. Your child will gain confidence, develop a lifelong love of books and reading, and get off to a great start in third grade.

Programs for Entering 4th and 5th Graders

In these fun and effective programs, your child will become a skilled, enthusiastic reader and a better writer. Students develop strong comprehension skills in fiction, nonfiction, and textbooks. They expand their vocabulary and learn to read more fluently and rapidly.

Students learn effective techniques that improve writing skills and build confidence. Your child will complete homework and writing assignments more quickly and easily, get better grades, and enjoy reading more.

Programs for Entering 6th, 7th, 8th, 9th, 10th, and 11th Graders

In these effective and enjoyable programs, your son or daughter will make substantial gains in comprehension in fiction and nonfiction, learn to read twice as fast, and become a better writer. Students expand their vocabulary and learn the best way to take notes and study for tests.

Students learn effective techniques that improve writing skills and build confidence. Your child will complete homework and writing assignments more quickly and easily, get better grades, and enjoy reading more.

FOR MORE INFORMATION OR TO REGISTER
Call 1-800-715-2808

The great books, inspiring teachers, and truly effective live online instruction your child needs to become a strong reader!



These programs are in partnership with Xavier University, a non-profit organization. Programs are taught by instructors from the Institute of Reading Development. Tuition varies by program level. Please ask about our family discount.



"My daughter is sounding out words on her own, and she is so excited about reading to us! She loved this program, and I was very impressed with the books and materials."

– Parent of kindergartner

"Thanks to this program, my son is now reading independently and his confidence is through the roof. I cannot express enough how grateful I am for this program."

– Parent of 1st grader

"Online teaching is a special set of skills, and your teachers are spot on!"

– Parent of 2nd grader

"Allison loved doing the long-word decoding lessons. Her reading skills have improved tremendously, and she is reading more challenging chapter books."

– Parent of 3rd grader

"The teacher was phenomenal! She kept students engaged and participating, and my child was more excited about reading as the weeks went on."

– Parent of 4th grader

"Patrick's comprehension has really improved, and he loved the books. I've recommended this to other parents."

– Parent of 5th grader

"The lessons were fun and easy to follow. It is much easier for me to study and take notes now. I don't put off studying until the last day because I know I can get through it fast."

– 7th-grade student

"I liked tracking my reading speed and seeing it go up from week to week. I used to not like to read because it was too time-consuming, but now it's easier to finish."

– 9th-grade student

Weekend and weekday schedules available!



FOR MORE INFORMATION OR TO REGISTER

Call 1-800-715-2808

INQUIRE EARLY! CLASS SIZE IS LIMITED.

KNIGHTS SWIM TEAM

WHITE TEAM (6-8 YEARS OLD)

This program is aimed at children who can swim and are interested in developing a stronger set of swimming skills. The program introduces children to competitive swimming and small meets are included. Children must be able to swim 2 x 25 yards (two lengths of the pool - one freestyle and one backstroke).

Participants are encouraged to attend both practices each week. The Schroeder Swim Team staff directs the program.

Day:	Mondays & Wednesdays	Session:	Date:	Program#:
Time:	6:00 - 7:00pm	I	January 10 - March 9 (skip 1/17)	211040-01
Location:	Nicolet High School - Pool	II	April 4 - May 25	211040-02
Age:	6 - 8 years old			
Fee:	\$125.00R/\$145.00NR			
Min/Max:	4/10			
Instructor:	Schroeder Coaching Staff			

LIGHT BLUE TEAM (9-12 YEARS OLD)

This program is aimed at children who can swim and are interested in developing a stronger set of competitive swimming skills. This is a competitive swimming program and athletes race in the Schroeder Conference meets and against other area recreation department teams. Children must be able to swim 50 yards (50 yd freestyle and 50 yd backstroke).

Participants are encouraged to attend three practices each week. The Schroeder Swim Team staff directs the program.

Day:	Mondays, Wednesdays, Thursdays	Session:	Date:	Program#:
Time:	6:30 - 7:30pm	I	January 10 - March 10 (skip 1/13, 1/17)	211041-01
Location:	Nicolet High School - Pool	II	April 4 - May 26	211041-02
Age:	9 - 12 years old			
Fee:	\$175.00R/\$195.00NR			
Min/Max:	4/20			
Instructor:	Schroeder Coaching Staff			

DARK BLUE TEAM

This program is designed to get young swimmers ready for high school swim team participation or to extend a successful high school experience. Athletes should be strong swimmers. The Schroeder Swim Team staff and directs the program.

Participants are encouraged to attend three practices each week. The Schroeder Swim Team staff directs the program.

Day/Time:	Mondays, Wednesdays, Thursdays	Session:	Date:	Program#:
Time:	6:30 - 7:45pm	I	January 10 - March 10 (skip 1/13, 1/17)	211042-01
Location:	Nicolet High School - Pool	II	April 4 - May 26	211042-02
Grade:	7th & 8th grade			
Fee:	\$195.00R/\$225.00NR			
Min/Max:	4/20			
Instructor:	Schroeder Coaching Staff			

PARTICIPANTS ARE WELCOME TO JOIN AT ANYTIME.
PRACTICE SCHEDULE SUBJECT TO CHANGE.

register online at: <https://web2.vermontsystems.com/nicolet.html>



Nicolet Recreation Department
6701 N. Jean Nicolet Rd.
Glendale, WI 53217

Phone: (414) 351-7566
Fax: (414) 351-4053

Website: <https://www.nicolet.us/activities/recreation.cfm>



Join the Glen Hills/Maple Dale/Bayside Wrestling Team

When: 1st practice is Monday Dec. 13th

Where: Practices will be at Glen Hills Middle School from 4:00 p.m. until approximately 5:30 p.m.

Needed: Shorts, T-shirt, Mask, Wrestling Shoes, Labeled Water Bottle, POSITIVE ATTITUDE!

Glen Hills, Maple Dale, and Bayside Middle School students; grades 6-8 will be able to participate in the sport of wrestling on the Co-op Middle School Team. The Team will practice Monday – Thursday at 4:00 p.m. and will compete in the Milwaukee Area Conference. Dual meets will be scheduled with 8 other Middle School Teams with 4 home duals and 3 away duals, plus a conference tournament!

Meet schedule attached

Sign up for this great sport!

- Develop skills he/she can use in wrestling and in other aspects of life. As with any other martial arts, wrestling in a safe environment provides invaluable tools for your future.
- Safety of the athletes remains the most important aspect of wrestling. This begins in practice, as wrestlers work toward building their cardiovascular endurance and achieving an all-around higher level of fitness.
- Learn and compete within the rules of amateur wrestling. Learning how to compete, respecting your opponents and displaying character.
- BECOME a TEAM!
- Nicolet Wrestling Code: Believe in Yourself, Help Others, No Quit!

January 7	Lane	January 21	@ Pewaukee
January 11	@ New Berlin	January 25	West Milwaukee
January 13	Pilgrim Park	January 29	@ Brown Deer/South Milwaukee
January 19	Wright	Feb 5	Conference Tournament

NICOLET RECREATION DEPARTMENT



JUNIOR KNIGHTS WRESTLING TEAM PHASE I

This club is for the beginner and experienced wrestlers looking to learn and improve on the fundamentals of wrestling. It will introduce & teach basic wrestling positions & moves from the up, down and neutral positions. Participants will learn wrestling with an emphasis on technique, positioning & sportsmanship in a fun, fast-paced atmosphere. Program instructed by Nicolet Wrestling Coaches. If you have questions about the program, please call Coach Tim at 414-690-0332 or email him at: tpanicucci@gmail.com

Tuesdays & Thursdays, November 30 - January 20
(skip 12/23, 12/28 & 12/30)

K4 - 2nd grade 6:00 - 6:45pm | 2nd - 8th grade 7:00 - 7:45pm

Glen Hills Middle School

\$55.00R/\$65.00NR | Program#: 111210-01, 02

REGISTER ONLINE AT:

[HTTPS://WEB2.VERMONTSYSTEMS.COM/NICOLET.HTML](https://web2.vermontsystems.com/nicolet.html)



Swing into **SPANISH**

with an **ALL NEW**

Spanish

Adventure!



Students learn best when the topic is interesting or applicable to their everyday lives!

Let's Play & Let's Go Camping... **¡EN ESPAÑOL!**

- Theme-Based Learning is Developmentally Beneficial
- Practical, Real-World Spanish Conversation Skills
- Increase Your Child's Cultural Sensitivity
- Weekly Parent Newsletters & Optional Homework



SCAN TO ENROLL

REGISTER ONLINE: <https://web2.vermontsystems.com/nicolet.html>

Full Year tuition: \$240R/ \$270NR
Fall Semester only tuition: \$145R/ \$165NR

**Register for
the full year
and save on
tuition!**

Indian Hill Elementary (K4-2nd Grade)
Day/Time: Tuesdays, 3:35pm – 4:35pm
Fall Dates: 10/12, 10/19, 10/26, 11/2, 11/9, 11/16, 11/23, 11/30
Spring Dates: 2/8, 2/15, 2/22, 3/1, 3/8, 3/15, (skip 3/22), 3/29, 4/5
Program#: Fall (110221-01) - Optional Full Year (110221-02)

Parkway Elementary (K4-3rd Grade)
Day/Time: Mondays, 2:40pm – 3:40pm
Fall Dates: 10/11, 10/18, 10/25, (skip 11/1), 11/8, 11/15, 11/22, 11/29, 12/6
Spring Dates: 2/7, 2/14, (skip 2/21), 2/28, 3/7, 3/14, (skip 3/21), 3/28, 4/4, 4/11
Program#: Fall (110220-01) - Optional Full Year (110220-02)

► Appropriate for students with or without previous Spanish experience.

► Space is limited! - Deadline to register: One week prior to first class.

► Parent Portal: Newsletters and Optional Homework available online for immediate access (included with tuition). Password will be email with class confirmation about 24-48hrs before 1st class.

► Tuition is non-refundable. No refunds/credits will be given on or after the first day of class. Questions contact us at 262-719-9332.

NOW HIRING

• • •

School Bus Drivers

Parents & Coaches: We need your help!

HELP YOUR COMMUNITY

• • • •

We will donate
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- 401(k) match
- Excellent safety record
- Teamwork mindset
- Flexible schedule



To apply to be part of our team, please visit
goriteway.com/drivers!

Family-owned & operated since 1957

